



Ref: RYMEC/ NSS/2024-25/

18 June 2025

CIRCULAR

RYMEC is celebrating INTERNATIONAL DAY of YOGA on 21 June 2025, All HODs & Coordinators are hereby instructed to inform and encourage the faculty and students of their respective departments to actively participate in the event.

It is also informed to propagate the instructions as follows:

Instructions:

1. All the students of RYMEC should attend International Day of Yoga 2025 celebrations as a part of **AICTE Activity Points**.
2. **Attendance is COMPULSORY.**
3. All the faculty of their respective department is informed to **maintain discipline** among their students.
4. Student should carry their own **Yoga Mat, Water Bottle**.
5. **Dress code: Boys - Regular Fit Track Pant & Full Neck White T-shirt. Girls – Regular Fit Track Pant & Full Round Neck White T- Shirt or Regular Fit White Kurtha & Pyjama Set. (Avoid Jeans, formal wear and tight fitting dress)**
6. All the students should compulsorily report to the venue: **Open Air Theatre at 7:30AM.**
7. **Bus Facility** will be arranged.


Principal 18/6/25

PRINCIPAL
R.Y.M. Engineering College,
(Formerly Vijayanagar Engg. College)
(Cantonment, BALLARI-583 104.)

Rejelle C
(Co-ordinator)
Yoga



V.V. Sangha's

ರಾವ್ ಬಹದ್ದೂರ್ ವೈ. ಮಹಬಲೇಶ್ವರಪ್ಪ ಇಂಜಿನಿಯರಿಂಗ್ ಕಾಲೇಜ್, ಬಳ್ಳಾರಿ
Rao Bahadur Y. Mahabaleswarappa Engineering College, Ballari
(Affiliated to VTU, Belagavi, Approved by AICTE, New Delhi and Govt. of Karnataka)
Certified by NAAC with B++, Cantonment, Ballari-583104. Tel:08392-244809. Fax: 08392-242148



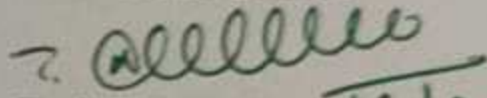
Ref: RYMEC/PPS/2024-25/393

Date: 20.06.2025

OFFICE CIRCULAR

All Teachings staff members, Non teaching staff members and Students are requested to participate in **"International yoga day 2025" (Yoga for one earth and one health) on 21/06/2025 from 7:30 AM onwards in Open Air Theatre of RYMEC, Ballari.**

All buses will start 6:00 AM onwards from specified places and transport section informed to coordinate the commutation of all students in specified time only.


Principal 20/6/25

Copy to:

1. HOD's/Coordinators /Deans/IQAC Coordinator/Librarian
2. First year coordinator/Placement officer
3. Transport Section and all drivers
4. NSS Coordinator of RYMEC, Ballari
5. EST to file the circular and for information
6. Chairman sir for information

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Cantonment, BALLARI-583 104.



V. V. Sangha's

Rao Bahadur Y Mahabaleswarappa Engineering College, Ballari

**NATIONAL SERVICE SCHEME (NSS)
INTERNAL QUALITY ASSURANCE CELL (IQAC)
SRI PATANJALI YOGA SHIKSHANA SAMITHI (SPYSS)**

Cordially invite you for

INTERNATIONAL YOGA DAY- 2025

(Yoga for One Earth One Health 2025)

Presided by

Dr. Kanekal Mahantesh

President, V V Sangha, Ballari

Resource Person

Sri. C THIPPAIAH SETTY

District Correspondent,
SPYSS, BALLARI



21st June 2025 @ 8:00 AM

Venue: OPEN AIR THEATRE

In the August Presence of

Sri. Janekunte Basavaraj

Vice President, V.V. Sangha Ballari
& Chairman, GC RYMEC, Ballari

Dr. Arvind Patel

Secretary,
V.V. Sangha Ballari

Sri. Yalpi Meti Pampanagouda

Assistant Secretary,
V.V. Sangha Ballari

Sri. Byluvaddigeri Yerriswamy

Treasurer,
V.V. Sangha Ballari

Sri. Prabhu Swamy S M

GB Member - RYMEC, Ballari

Sri. Badada Prakash

GB Member - RYMEC, Ballari

Dr. Virupaksha Gouda H

NSS- Coordinator
RYMEC, Ballari

Dr. Deepak C

Yoga- Coordinator
RYMEC, Ballari

Dr. Veerabhadrappe Algur

IQAC- Coordinator
RYMEC, Ballari

Dr. Savita Sonoli

Vice-Principal, Chair IEEE
RYMEC, Ballari

Dr. T. Hanumantha Reddy

Principal
RYMEC, Ballari

HEARTY WELCOME TO ONE & ALL

STAFF & STUDENTS OF RYMEC



RAO BAHADHUR Y MAHABALESWARAPPA ENGINEERING COLLEGE

CANTONMENT, BALLARI - 583 104 (KARNATAKA).

National Service Scheme (NSS) & Indian Red Cross Society (IRCS)



Date: 23-06-2025.

Celebration of 09th International Yoga Day

The RYMEC IQAC & NSS Unit in association with Sri Patanjali Yoga Shikshana Samithi, Ballari, celebrates the **9th International Yoga Day** on 21st June 2025 with great enthusiasm and active participation from students and faculty. The theme for this year's Yoga Day, as declared by the Ministry of AYUSH, was **'Yoga for One Earth, One Health'**

Objectives:

- To promote the physical, mental, and spiritual benefits of yoga.
- To raise awareness about the importance of yoga in daily life.
- To encourage students to adopt a healthy lifestyle.

Yoga Session:

A one-hour guided yoga session was conducted by a **Sri. C Thippaiah Setty, District Correspondent, SPYSS, Ballari** who is certified yoga trainer.

The session included:

- Breathing exercises (Pranayama).
- Basic yoga asanas like Tadasana, Vrikshasana, Bhujangasana, and Savasana.
- Meditation for stress relief and concentration.



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INTERNAL QUALITY ASSURANCE CELL (IQAC)
SRI PATANJALI YOGA SHIKSHANA SAMITHI (SPYSS)
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INSTITUTION'S INNOVATION COUNCIL
 Ministry of Education, Government of India



NAAC
A+



INTERNATIONAL YOGA DAY- 2025
ಅಂತರರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನ - 2025
(Yoga for One Earth One Health 2025)
On June 21, 2025 @ 8 AM - Venue: Open Air Theatre, RYMEC

Dr. Kanekal Mahantesh
President
V.V. Sangha, Ballari

Sri. Janekunte Basavaraj
Vice - President
V.V. Sangha, Ballari &
Chairman GC RYMEC, Ballari

Dr. Arvind Patel
Secretary
V.V. Sangha, Ballari

Sri. Yalpi Meti Pampana Gouda
Joint - Secretary
V.V. Sangha, Ballari

Sri. Byluvaddigeri Yerriswamy
Treasurer
V.V. Sangha, Ballari

Sri. Prabhu Swamy S M
GB Member
RYMEC, Ballari

Sri. Badada Prakash
GB Member
RYMEC, Ballari



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[Signature]

NSS/IRCS Coordinator

[Signature]

Principal

PRINCIPAL

R.Y.M. Engineering College,
(Formerly Vijayanagar Engg. College)
Cantonment, BELLARY-583 104

